

Choose 2 Youth

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 930am-1230pm	Crossfit	Functional Skills	Upcycling/allotment	Portfolio Building & Yoga	Enterprise
Afternoon 1230pm-330pm	Skills For Life	Music/Drama	Functional Skills	PSHE/Preparation for adulthood	Age UK day centre/coffee afternoon

Morning 930am-1230pm	Rebound	Functional Skills	Skills For Life	Portfolio Building & Yoga	Enterprise
Afternoon 1230pm-330pm	Upcycling/Allotments	Music/drama	Functional Skills	Hydro	Age UK day centre/coffee afternoon